



The Cathedral chimes

Grace Episcopal Cathedral
Topeka, Kansas

March 2024
Vol. 97, No. 3

From the Dean



Dear friends,

In 2024, Easter Sunday will fall on March 31. If that seems a bit early to you, know that you're not alone.

If you go to pages 882-883 in your *Book of Common Prayer*, you'll see "A Table to Find Easter Day." In this remarkable document there's a big span of years, 1900-2089. Within that range of 189 years, Easter only happens 41 times in March, or about 21% of the time. (Bonus: during that same span, Easter only falls on March 31 3% of the time.)

For the uninitiated, those statistics I just rattled off are simply numbers. But to those who know – who've been through it – Easter Sunday is so much more than the month it occurs in. When I look at those pages in my prayer book, I'm seeing the grand narrative of Lent, Palm Sunday, Maundy Thursday, Good Friday, Holy Saturday, the Vigil, and finally Easter Sunday all being played out across a few columns. My eyes may see rows of dates, but my heart and my mind are busy remembering the drama, the passion, and the tears. All of it with Jesus Christ as its central focus.

Continued on page 2.



Palm Sunday, March 24

8:30 & 10:30 a.m. Liturgy of the Palms and Holy Communion

Monday, March 25

5:30 p.m. Evening Prayer with homily

Tuesday, March 26

5:30 p.m. Evening Prayer with homily

Wednesday, March 27

7 p.m. A Service of Tenebrae

Maundy Thursday, March 28

6 p.m. Covered Dish Supper (All Saints Hall)

7 p.m. The Proper Liturgy for Maundy Thursday

8:30 p.m. All Night Prayer Watch begins

Good Friday, March 29

12:10 p.m. The Proper Liturgy for Good Friday and Stations of the Cross

7 p.m. The Proper Liturgy for Good Friday

Holy Saturday, March 30

9 a.m. The Proper Liturgy for Holy Saturday

Easter Sunday, March 31

6:45 a.m. Sunrise Service

8:30 a.m. Spoken service of Holy Communion

9:15 a.m. Breakfast in All Saints Hall

10:30 a.m. Festal Choral Eucharist

From the Dean continued

The story of those seasons and days does not substantially change, but we are changed each time we come back around to it. Imagine the typical Lenten journey in as much detail as you can, from Ash Wednesday to the resurrection of Our Lord. Now imagine living it for nearly two centuries as the prayer book hints. It makes my 51 years on this earth seem pretty humble by comparison, my 30 years as an Episcopalian humbler still!

Living the pattern of life from Lent to Easter has become a bedrock part of my identity as a Christian. I owe it to the liturgical traditions for saving my sanity and giving me a way to know God in a completely new way – and all at a critical moment in my life as a person trying to find a more mature faith.

I hope that this finds you well as we all practice and live Lent together and individually. May you find what you need in this holy season.

— Dean Lightcap+



Bishop Cathleen Bascom will be at Grace Cathedral Sunday, May 5, for confirmations and receptions.

If you are an adult who would like to be confirmed or received into the Episcopal Church, or would simply like to know more information, classes are forming soon for this process.

If you are interested, or have questions about becoming a member of Grace Cathedral, please contact Dean Lightcap at tlightcap@gracecathedraltopeka.org.

Wednesdays in Lent

Our Wednesday Lenten Worship and Suppers continue through March 20. Please join us at 5:30 p.m. worship in the Cathedral, followed by a simple supper in All Saints Hall.

Senior Saints March luncheon

The Senior Saints will hold their monthly luncheon on Wednesday, March 13. Michael Hooper, former reporter for the *Topeka Capital Journal* and a volunteer with The Villages, Inc., will be the guest speaker.

Social time is at 11 a.m., and lunch is served at 11:30. Please RSVP to the Cathedral office at 785-235-3457 no later than Sunday, March 10. A \$10 donation is requested for the lunch.

Blessing Box Sunday, March 17

The third Sunday of the month is the day we take collections for the Grace Cathedral Blessing Box. You are invited to bring non-perishable food items for the Cathedral's Blessing Box. We will have a grocery cart on the Cathedral's west side where you can deposit your donations. You are also welcome to drop donations at the Cathedral office at any point during the month, or place them in the Blessing Box (located on the south side of All Saints Hall) after hours.

Suggested items include canned meats, vegetables, beans and fruit; pasta and sauce; canned or boxed soup, peanut butter and crackers; granola or protein bars; and canned or dry milk. Food that can be consumed on the go or without cooking is especially helpful. Thank you!

Sharing Table donations always welcome

Here's what is currently needed: deodorant, toothbrushes, lip balm, men's socks, women's incontinence pads, pain reliever, shaving cream, and gently used belts.

The Sharing Table is open to the community on the first Saturday of each month in conjunction with the Blessing Bags and Sack Lunch distributions. Donations may be left on the shelf in the back hallway, or brought to the Cathedral office. Thank you!

Before
**BACH'S
BIRTHDAY
BASH**
Topeka AGO honor 339th birthday of the master of the Baroque organ, J. S. Bach, in a showcase of some of his great organ works.
Sunday, March 17 | 3:00 pm
Donations accepted



Holy Week
Journey Together

THE SUNDAY OF THE PASSION: PALM SUNDAY

MARCH 24, 8:30 & 10:30 A.M.

On **Palm Sunday**, we'll mark the first day of Holy Week focusing on Jesus' triumphal entry in to Jerusalem. A dramatic reading of the Passion narrative will follow. *Childcare at 10:30.*

MONDAY AND TUESDAY IN HOLY WEEK

MARCH 25 & 26, 5:30 P.M.

On **Monday and Tuesday**, we will gather in St. Mary's Chapel for Evening Prayer at **5:30**. The service will include a homily.

WEDNESDAY IN HOLY WEEK, MARCH 27, 7:30 P.M.

Wednesday in Holy Week is Tenebrae (the service of shadows). The most conspicuous feature of this service is the gradual extinguishing of candles and other lights in the church until only a single candle (the light of Christ) remains. The service is at **7:30 p.m.**

MAUNDY THURSDAY, MARCH 28, 6 P.M. AGAPE MEAL, 7 P.M. SERVICE

The beginning of what the church calls the *Triduum Sacrum* (the "sacred three days" of Holy Week: Maundy Thursday, Good Friday and Holy Saturday). Our tradition is an "Agape Meal"—a covered dish supper—on **Thursday at 6 p.m.** (please bring a dish to share for this dinner) followed by a Eucharist at **7 p.m.** Foot and hand-washing, and the stripping of the altar are part of this dramatic service. The all-night Prayer Watch begins after the Maundy Thursday service and ends at noon on Good Friday. People are asked to keep vigil for one hour during that time period. A sign-up sheet will be located in the Cathedral. More than one person can sign up for the same hour. There will be building security during the night.

GOOD FRIDAY, MARCH 29, 12:10 AND 7 P.M.

The Proper Liturgy for Good Friday is celebrated on **Friday at 12:10 and 7 p.m.** The noon service will be followed by the Stations of the Cross.

HOLY SATURDAY, MARCH 30, 9 A.M.

Holy Saturday is a day we rest and reflect on Christ's sacrifice and saving work, even as he rests in the tomb. We gather in the garden at **9 a.m.**, where the blessed sacrament (the body of Christ) has been placed until his resurrection on Easter Day morning. This brief service (about 15 minutes) recalls the ancient tradition of mourning called sitting *Shiva*, or sitting with the dead.

EASTER DAY, MARCH 31, 6:45, 8:30 & 10:30 A.M.

On **Easter Morning**, we will have three services: a Sunrise Service at 6:45 a.m., a spoken service of Holy Communion at 8:30, and a Festal Celebration of Easter Day at 10:30 with the Cathedral choir and organ. Incense will be used at the 10:30 service. Breakfast will be served in All Saints Hall between the 8:30 and 10:30 services. *Childcare available at 10:30.*

GRACE EPISCOPAL CATHEDRAL
701 Southwest Eighth Avenue ▪ Topeka, Kansas
www.GraceCathedralTopeka.org
"A House of Prayer for All People"

MEMBERS in MINISTRIES

Fellowship Committee or Hospitality Committee?

by Ruth Ohm

What is in a name? On the Grace Episcopal website, we identify the Fellowship Committee as the group “responsible for planning, promoting and implementing meal and fellowship events for the Cathedral community. Annual events include Easter Sunday breakfast, the Pentecost Picnic, Sundaes Sunday, ... and more.”

Enthusiastically led by Jenelle Carkhuff for several years, the Fellowship Committee changed leadership around 2006-7 with co-leadership of Nicole Nielsen, Carolyn Jones, and Jan Irby. At the time of transition, the name was changed from fellowship to hospitality committee. The thought was that hospitality implied more



inclusion, welcoming all to the table. Carolyn Jones states “the word is more friendly.” The two labels actually complement each other quite well. While fellowship

implies gathering of people with similar interests and relationship development, hospitality provides for welcoming guests and making them feel comfortable. So hospitality sets the stage for fellowship to happen.

Opportunities to experience fellowship with fellow parishioners are critical to spiritual development and to the life of the church. As Jan Irby states, “being a member of Grace certainly involves the

religious part, but also the heart part.” Fellowship with others provides this. We meet others with similar interests, varying talents, and unique perspectives. This leads to enhancement of religious understanding, service opportunities and participation, and friendships.



Nicole Nielsen is now the chair of the Hospitality Committee. Her catering experience and love of baking has made the Hospitality Committee a natural fit for her talents. She enjoys socializing, meeting a variety of people, exchanging new recipes and sharing traditions around food. The Hospitality Committee welcomes new members, and emphasizes that help is always appreciated, especially during holiday times. She makes it very clear that baking is not necessary to participate: fruit, granola bars and grocery store treats are appreciated. Setting up and cleaning up are particularly valuable skills to share.

March will be a particularly busy month with Birthday celebrations (March 3), Mothering Sunday (March 10), Maundy Thursday (March 28), and Easter brunch (March 31).

The Hospitality Committee provides snacks for coffee hour following the 10:30 service on the first Sunday of each month. The coffee hour snacks are provided by “Sam’s Club” on the third Sunday and by the Daughters of the King on the fifth Sunday. This leaves the second and fourth Sundays to be hosted by congregation



members or various ministry groups. Just sign up on the poster in the Commons Room. Hint to various groups: this would be a great way to highlight your

ministry and recruit new members! Members of the Hospitality Committee are delighted to help - just let Nicole know (vivezest@gmail.com) and she’ll find you a helper who knows his/her way around the church kitchen.

Nicole gave me permission to share the recipe for her most asked-for cookie.

You’ll find it on the next page.



Captain Morgan's Oatmeal

-Raisin Cookies (variation of Betty Crocker's recipe), courtesy of Nicole Nielsen

2/3 cup granulated sugar
2/3 cup packed brown sugar
1/2 cup butter, softened
1/2 cup shortening
1 teaspoon baking soda
1 teaspoon ground cinnamon
1 teaspoon vanilla
1/2 teaspoon baking powder
1/2 teaspoon salt
2 eggs
3 cups quick-cooking or old fashioned oats
1 cup all-purpose flour
1 cup raisins - soaked in Captain Morgan Spiced Rum (put raisins in a bowl, cover with the rum, microwave for 1-2 minutes until plump) - drain liquid. *For an alcohol-free version, use the same technique to pump raisins using cola instead of rum.*

Optional: Add 1 cup chopped nuts and/or chocolate chips

Cinnamon-sugar mixture: 4 tablespoons granulated sugar and 2 teaspoons ground cinnamon

Directions:

Heat oven to 375. In a large bowl, beat all ingredients except oats, flour and raisins with an electric mixer on medium speed, or mix with a spoon. Stir in oats, flour and raisins.

Make rounded tablespoon size balls, roll in cinnamon-sugar, and place on an ungreased cookie sheet about 2 inches apart.

Bake for 9 to 11 minutes or until light brown. Immediately remove from cookie sheet to cooling rack. Makes about 36 cookies.

Pictured clockwise on previous page: Jan Irby, Mothering Sunday reception, Nicole Nielsen, and Carolyn Jones

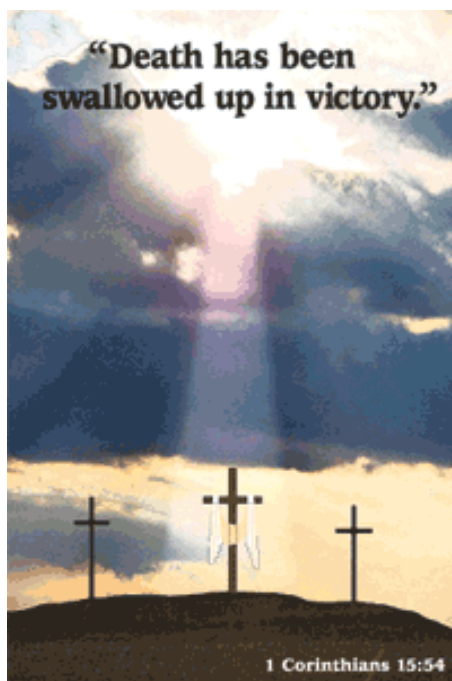
March Flower Memorials

- 2 George Henry Mueller
- 3 James Stewart McDermott
Lily Lousie Pollard
- 4 Alice D. Evans
- 5 Alan Vane Dougherty
- 6 Josphine J. Killinger
Marilynne Wilcox
- 7 A.T. Falk
- 8 Allan S. Hancock
John Stuart Hopkins
- 10 James Randall Burrow
May Lott Kilmer
- 11 Clifton Richard Dickerson
- 12 Helen Reynolds Root
Lakin Meade
- 13 Frank Scott Davis, Jr.
- 14 Herbert F. Laing
- 17 Frank McGrew
- 21 Jasper H. Moss
Laura Stanton Moss
- 22 Charles W. Merriam
- 23 M.B. Salisbury
- 25 Barbara Ann Hunt
- 26 F.J. "Jack" Rost
- 28 Richard J. White
- 31 Elizabeth Meade Ranney
Walter Ray Ranney

March birthdays

- 1 Marcy Cassidy
- 5 Paul Seddon
- 8 Susan Turner
- 10 Shirley Morrow
Rita Starr
- 11 Marilyn Brock
- 12 Scott Hamilton
- 14 Mary Hoard
Bev Menninger
- 16 Ruth Tessoroff
Mishelle Wilcox
- 17 Pat McGuire
Tom Seddon
- 18 Wilma Brooks
Bethy Reid
- 21 Sue Synovec
- 22 Connie Adams
Ed Carter
- 23 Sally Henson
- 25 Phillip Becker
- 27 Jan Richter
- 28 Josh Dittmer
Linda McWilliams
- 29 Jim Edmonston
Max McKibben
George Webb
- 31 Ted Yungclas

(Please contact the office if we have missed your birthday or have incorrect information.)



About the window...

The stained glass window on the cover of The Chimes depicts Jesus in prayer in the Garden of Gethsemane while his Disciples sleep (Matthew 26:36-44). This window is located in the east aisle of the Cathedral nave.



701 SW Eighth Avenue
Topeka, Kansas 66603-3219
(785) 235-3457
E-mail: info@GraceCathedralTopeka.org
Website: www.GraceCathedralTopeka.org

NONPROFIT ORG.
US POSTAGE PAID
PERMIT NO. 268
TOPEKA, KANSAS

Sunday Services

8:30 a.m. – Holy Communion,
Rite I
9:30 a.m. – Adult Forum
(Sept.-May)
10:30 a.m. – Club Jesus
10:30 a.m. – Holy Communion,
Rite II

Morning Prayer

9 a.m. each Tuesday and
Thursday in St. Mary's Chapel

Holy Week schedule inside

March
2024

GRACE CATHEDRAL CLERGY

The Right Reverend Dr. Cathleen Chittenden Bascom,
Bishop of the Diocese of Kansas
The Very Reverend Torey Lightcap, *Dean*
The Reverend Jody Carroll, *Canon*
The Reverend Donald Chubb, *Deacon*
The Reverend Carl Edwards, *Deacon*

CATHEDRAL STAFF

Kent Wingerson, *Cathedral Verger/Finance and Facilities Manager*
Connie Vosburgh, *Office Administrator*
Donald Livingston, *Organist*
Eduardo García-Novelli, *Choirmaster*
Zachary Cope, *Associate Choirmaster*
Kathy Smith, *Director of Youth and Children's Ministries*
Ruth Ohm, *Ministry Coordinator*
Michael Godfrey, *Sexton*

VESTRY OF GRACE CATHEDRAL

Vanessa Hill, Alan Johnson (Senior Warden), Mark Quintana
LeRoy Dagg, Arceile Ridgeway, David Woods (Junior Warden)
Vanessa Evans, Norman Nellis, Evelyn Wilson
Lance Royer, *Treasurer*,
Cynthia Sheppard Langston, *Chancellor*