



# The Cathedral chimes

Grace Episcopal Cathedral  
Topeka, Kansas

March 2023  
Vol. 97, No. 3

## From the Dean



When Jesus is transfigured before his disciples on the mountain (Matthew 17:1-9), he is seen speaking with Moses and Elijah.

Both are important figures in the faith narrative we've inherited and will one day pass on.

Casting Jesus in with Moses and Elijah is a shorthand way of showing Jesus' importance and identity. Both figures are of supreme importance to the overall story of Judaism, and are noted for having played the role of prophet to their people. Jesus is in line with this impulse, so we get to see him in conversation with the two most important prophets to have come before him.

They also share the same experiences in that each of them fasted for forty days. Moses reported (Deuteronomy 9:9) that he "neither ate bread nor drank water" for the forty days in which the Ten Commandments were imparted to him. He then descended the mountain only to find that the camp of the Israelites had broken their covenant with God by creating a golden calf to worship. To atone for this error, Moses then "lay prostrate before the Lord as before, forty days and forty nights" during which time he "neither ate bread nor drank

*Continued on page 2.*



## Election of church officers



At its February meeting, the Grace Cathedral Vestry elected officers to serve during the coming year. Marilyn Trubey and Alan Johnson were chosen as Senior Warden and Junior Warden respectively.

Reappointed were Lance Royer as Treasurer, Cynthia Sheppard Langston as Chancellor and Connie Vosburgh as Recorder.

Elected at the Annual Meeting to serve 3-year vestry terms were LeRoy Dagg, Arceile Ridgeway and David Woods. The vestry has also accepted the resignations of John Finch (elected in 2022) and Linda Ditch (elected in 2021). Mark Quintana and Evelyn Wilson have been appointed by the vestry to fulfill the remainder of those vestry terms.

Convention delegates were also elected at the Annual Meeting. Marilyn Trubey and Ted Yunglas will serve 2-year terms. They join delegate Dominique Shannon who has another year to serve. Mike Wilson was selected as an Alternate Delegate.

Finally, Steve Page and Lawton Nuss were elected to serve a three-year term on the Endowment Board of Trustees.

## From the Dean continued

water.” Forty days of back-to-back fasts!

Elijah’s tale of fasting (1 Kings 19) was just as compelling. On the run from the wrath of an enemy, Elijah fell asleep, then was awoken by an angel who fed him “a cake baked on hot stones, and a jar of water.” After eating, he fell asleep again and was once more awoken by the angel, who begged him to eat some more. In the strength of that redundant two-course meal, Elijah was sustained for – you guessed it – “forty days and forty nights” as he sought the voice of God on Mount Horeb.

By the time we arrive at Jesus, we can understand that he is fulfilling an old typological trope associated with the biblical prophets: go into the wilderness, fast and pray for forty days and nights, and commune with God in a very close and real way. Matthew tells us Jesus is “famished,” which is probably putting it mildly. Then he’s tested by Satan and has opportunity to respond to each temptation with the truth of Scripture. Then the devil departs and the angels come.

There just seems to be something about fasting that sharpens up the prophets. They receive messages to pass along, or are confirmed in their sense of mission, or face further tests. To place themselves in a state of readiness to be attentive to the presence of the Lord, they forgo daily sustenance for a long time.

The idea of a fast may seem attractive, but should you ever decide to undertake it, I hope you will talk to a physician to find out what is right and good for you. Having done everything carefully, perhaps you will find space within to receive what you need.

— Torey+

## Adult Forum in March, 9:30 a.m., All Saints Hall

Go Deeper in Lent, led by Dean Lightcap

## March Senior Saints luncheon, Wednesday, March 8, 11:30 a.m.

This luncheon will once again be catered. We ask that you make reservations by contacting the Cathedral office at 785-235-3457 or [info@gracecathedraltopeka.org](mailto:info@gracecathedraltopeka.org). A \$10 donation per person is appreciated. The guest speaker will be Roger Belanger with WREN radio in Topeka.

## Introducing “Club Jesus!”

Our children’s “Sunday School” is now known as “Club Jesus!” Two groups, K-3<sup>rd</sup> and 4<sup>th</sup>-6<sup>th</sup> grade, meet on the second floor in Sloan Hall for Bible lessons and activities each Sunday at 10:30. The children will join their families in the Cathedral during the Peace for Communion.

## Youth Group, Sundays, 5 - 7 p.m. Sloan Hall (second floor)

All kids in Middle & High School are welcome to Grace Cathedral Youth Group! For the next 10 weeks, this group is participating in the Alpha Youth Series, designed to engage students in conversations about life, faith and Jesus. This spring, they also have planned activities with other downtown churches, some great service projects, and more!

For more information on children’s and youth Christian Education, please contact Kathy Smith: [knsmith@gracecathedraltopeka.org](mailto:knsmith@gracecathedraltopeka.org).

## Blessing Box Sunday, March 19

The third Sunday of the month is the day we take collections for the Grace Cathedral Blessing Box. You are invited to bring non-perishable food items for the Cathedral’s Blessing Box. We will have a grocery cart on the Cathedral’s west side where you can deposit your donations. You are also welcome to drop donations at the Cathedral office any time during business hours, or place them in the Blessing Box (located on the south side of All Saints Hall) after hours.

## Sharing Table donations always welcome

Here’s a list of what is currently needed: can openers, deodorant, bandaids, body wash, shampoo, body lotion, lip balm, pain reliever, socks, shaving cream, razors and nail clippers.

These items are given away on the first Saturday of the month. Please place donations in the collection bin located in the back hallway between the restrooms. Thank you!

## Mothering Sunday, March 19

Mothering Sunday is a tradition unique to cathedrals. In former days the fourth Sunday in Lent was a day when people from surrounding parishes made pilgrimages to their cathedral. Even though this is no longer the tradition, and perhaps never was in America, we still remember the day at Grace Cathedral.

On this day, in the middle of Lent, we remember that Sundays are indeed feast days. Churches may opt to restore flowers to the altar, rose colored vestments may replace the purple of Lent, and special desserts may be served at the dinner table.

Here at the Cathedral, the Hospitality Committee will provide a special reception following the 10:30 service on Mothering Sunday, March 19. Remember the color of the day is rose or pink!

# GREAT SPACES

## Music & Arts Series

Thursday, March 16, 7 p.m.

### THE CONCORDIA CHOIR

The nationally-recognized choir of Concordia College in Moorhead, Minnesota is coming to Grace Cathedral's GREAT SPACES Series!



Since 1920, the 72-voice choir has performed in nearly every major hall including Carnegie Hall and Kennedy Center as well as numerous international tours. Their world-class quality is highlighted in a recording session with the Grammy Award-winning King's Singers. The Concordia Choir is featured in the Emmy-winning Concordia Christmas Concerts, which are nationally broadcast on public television. The choir's recordings are distributed by Concordia Recordings nationally, internationally, and through iTunes, making it one of the top-selling choirs in the country.

*Tickets: \$20 General | Students and 12 & under free  
Tickets available at the door and online at GreatSpaces.org*

Sunday, March 19, 3 p.m.

### BEFORE BACH'S BIRTHDAY BASH

Bach looms large over the musical world, and his birthday deserves something special. Cathedral organist Donald Livingston brings out the best of the master on both harpsichord and organ. *Free-will offering*

Sunday, March 26, 3 p.m.

### EPWORTH CHOIR

The choir from 1st UMC in Cuyuhoga Falls, OH is on tour, and we are happy to present them in concert and at the 10:30 service. *Free-will offering*

## March Birthdays

- 1 Marcy Cassidy
- 5 Paul Seddon
- 8 Susan Turner
- 10 Shirley Morrow  
Rita Starr
- 11 Marilyn Kidd
- 12 Scott Hamilton
- 14 Mary Hoard  
Bev Menninger
- 16 Ruth Tesselndorf  
Mishelle Wilcox
- 17 Pat McGuire  
Tom Seddon
- 18 Wilma Brooks
- 21 Sue Synovec
- 22 Connie Adams  
Ed Carter
- 23 Sally Henson
- 25 Phillip Becker
- 27 Jan Richter
- 28 Josh Dittmer  
Linda McWilliams
- 29 Jim Edmonston  
Max McKibben  
Bob Sommers  
George Webb
- 31 Ted Yungclas

## Refocus for Lent

- Give up complaining — focus on gratitude.
- Give up harsh judgments — think kind thoughts.
- Give up worry — trust God to provide.
- Give up discouragement — be full of hope.
- Give up bitterness — turn to forgiveness.
- Give up hatred — return good for evil.
- Give up anger — be more patient.
- Give up pettiness — become mature.
- Give up jealousy — pray for trust.
- Give up gossiping — control your tongue.
- Give up sin — turn to virtue.
- Give up giving up — persevere.

—Author unknown

## March Flower Memorials

- |  |  |
|--|--|
| 2 George Henry Mueller                           | 11 Clifton Richard Dickerson                   |
| 3 James Stewart McDermott<br>Lily Lousie Pollard | 12 Helen Reynolds Root<br>Lakin Meade          |
| 4 Alice D. Evans                                 | 13 Frank Scott Davis, Jr.                      |
| 5 Alan Vane Dougherty                            | 14 Herbert F. Laing                            |
| 6 Josphine J. Killinger<br>Marilynne Wilcox      | 17 Frank McGrew                                |
| 7 A.T. Falk                                      | 21 Jasper H. Moss<br>Laura Stanton Moss        |
| 8 Allan S. Hancock<br>John Stuart Hopkins        | 22 Charles W. Merriam                          |
| 10 James Randall Burrow<br>May Lott Kilmer       | 23 M.B. Salisbury                              |
|  | 25 Barbara Ann Hunt                            |
|  | 26 F.J. "Jack" Rost                            |
|  | 28 Richard J. White                            |
|  | 31 Elizabeth Meade Ranney<br>Walter Ray Ranney |



701 SW Eighth Avenue  
Topeka, Kansas 66603-3219  
(785) 235-3457  
E-mail: [info@GraceCathedralTopeka.org](mailto:info@GraceCathedralTopeka.org)  
Website: [www.GraceCathedralTopeka.org](http://www.GraceCathedralTopeka.org)

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### About the window...

Each month, we feature a small portion of a Cathedral stained glass window on the front cover of *The Chimes*. Jesus tells the woman at the well that his gift will be "living water."  
John 4:3-14

March 2023

### Sunday Services

8:30 a.m. – Holy Communion,  
Rite I  
9:30 a.m. – Sunday School  
(Sept.-May)  
10:30 a.m. – Holy Communion,  
Rite II

### GRACE CATHEDRAL CLERGY

The Right Reverend Dr. Cathleen Chittenden Bascom,  
*Bishop of the Diocese of Kansas*  
The Very Reverend Torey Lightcap, *Dean*  
The Reverend Donald Chubb, *Deacon*  
The Reverend Carl Edwards, *Deacon*

### CATHEDRAL STAFF

Kent Wingerson, *Cathedral Verger/Finance and Facilities Manager*  
Connie Vosburgh, *Office Administrator*  
Donald Livingston, *Organist*  
Eduardo García-Novelli, *Choirmaster*  
Zachary Cope, *Associate Choirmaster*  
Kathy Smith, *Director of Youth and Children's Ministries*  
Michael Godfrey, *Sexton*

### VESTRY OF GRACE CATHEDRAL

Marilyn Trubey, (Senior Warden), Dennis Weikel, Evelyn Wilson  
Vanessa Hill, Alan Johnson (Junior Warden), Mark Quintana  
LeRoy Dagg, Arceile Ridgeway, David Woods  
Lance Royer, *Treasurer*,  
Cynthia Sheppard Langston, *Chancellor*