



**THE FOURTH SUNDAY IN LENT  
"REFRESHMENT SUNDAY"**

**MARCH 19, 2023 AT 10:30 A.M.**

**Welcome to Grace Episcopal Cathedral!**

If you're new here, there's more information for you on the back of this service bulletin.

Today, the Fourth Sunday in Lent, is "Refreshment Sunday," so called because, on this "past-half-way" Sunday, tradition allows for a relaxation of the disciplines and rules for Lent. Although Sundays are always celebrations (even in Lent), church liturgy is restored to a more festal and less solemn tone. Rose or pink is the liturgical color, the only day of the church year that this color is used. In cathedrals, this day is also known as "Mothering Sunday." Traditionally, it was a time when pilgrims from the "daughter church" made their annual visit to the cathedral, "the Mother church."

**THE LITURGY OF THE WORD**

**PRELUDE:** Vesper Bells

arr. Everett J. Hilty

*The Cathedral Handbell Choir with Couri Reinholtz, organ*

**HYMN 143:** The Glory of These Forty Days **vv. 1-4**

ERHALT UNS, HERR

**OPENING ACCLAMATION**

*Celebrant:* Bless the Lord who forgives all our sins.

***People:* His mercy endures forever.**

*Celebrant:* The Lord be with you.

***People:* And also with you.**

**THE COLLECT OF THE DAY**

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever.

**Amen.**

*Congregation is seated.*

**THE FIRST READING:** 1 Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

*After the reading, Thanks be to God.*

**PSALM: 23**, BCP 612 *Spoken by the congregation*

**THE SECOND READING:** Ephesians 5:8-14

Once you were darkness, but now in the Lord you are light. Live as children of light—for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, "Sleeper, awake! Rise from the dead, and Christ will shine on you."

*After the reading, Thanks be to God.*

*Please stand as able.*

## THE GOSPEL: John 9:1-41

Before the Gospel, *Glory to you, Lord Christ.*

**A**s Jesus walked along, he saw a man blind from birth. His disciples asked him, "Rabbi, who sinned, this man or his parents, that he was born blind?" Jesus answered, "Neither this man nor his parents sinned; he was born blind so that God's works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world." When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man's eyes, saying to him, "Go, wash in the pool of Siloam" (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, "Is this not the man who used to sit and beg?" Some were saying, "It is he." Others were saying, "No, but it is someone like him." He kept saying, "I am the man." But they kept asking him, "Then how were your eyes opened?" He answered, "The man called Jesus made mud, spread it on my eyes, and said to me, 'Go to Siloam and wash.' Then I went and washed and received my sight." They said to him, "Where is he?" He said, "I do not know."

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, "He put mud on my eyes. Then I washed, and now I see." Some of the Pharisees said, "This man is not from God, for he does not observe the sabbath." But others said, "How can a man who is a sinner perform such signs?" And they were divided. So they said again to the blind man, "What do you say about him? It was your eyes he opened." He said, "He is a prophet."

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him."

So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where

he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out.

Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

*After the Gospel, Praise to you, Lord Christ.*

## **THE SERMON**

**THE NICENE CREED**, BCP 358 *Standing as able.*

## **THE PRAYERS OF THE PEOPLE**

Let us pray and respond to each petition by saying, "**Hear your children's prayer.**"

We pray for the holy Catholic Church, the mother of us all, for the family of the Church and for the lives of families around us. God of all...

**Hear your children's prayer.**

Sovereign Lord, your Son has revealed you as our heavenly Father, from whom every family in heaven and on earth is named. God of all...

**Hear your children's prayer.**

You have made your Church a spiritual family, a household of faith. Through baptism we are reborn as the brothers and sisters of Christ. Deepen our unity and fellowship in him. God of all...

**Hear your children's prayer.**

You sent your Son to give his life as a ransom for the whole human family. Give justice, peace and racial harmony to the world he died to save. God of all...

**Hear your children's prayer.**

You gave your Son a share in the life of a family in Nazareth. Help us to value our families, to be thankful for them, and to live sensitively within them. God of all...

**Hear your children's prayer.**

Your Son drew around him a company of friends. Bring love and joy to all who are alone. Help us all to find in the brothers and sisters of Christ a loving family. God of all...

**Hear your children's prayer.**

You are the God of the dead as well as of the living. In confidence we remember those of the household of faith who have gone before us, especially those memorialized this day: Jasper Moss, Laura Moss, Charles Merriam, M. B. Salisbury, Barbara Hunt. Bring us with them to the joy of your home in heaven, where you are alive and reign now and for ever. God of all...

**Hear your children's prayer.**

*Our Cathedral cycle of prayer*

**Cathedral prayer requests:** Judy, Mick, Debbie, Kya, Pat, Neta

**Diocese of Kansas:** St. Andrew's Church, Emporia

**Episcopal Cathedrals:** Cathedral of St. Andrew, Honolulu, Hawaii

*The Celebrant says this concluding collect.*

God of compassion, whose Son Jesus Christ shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in our joys and in our sorrows we may know your presence to bind together and to heal; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

**CONFESSION OF SIN,** *BCP 360*

**THE PEACE**      *Celebrant*      The peace of the Lord be always with you.  
                         *People*              **And also with you.**

**ANNOUNCEMENTS** *Congregation is seated.*

**OFFERTORY SENTENCE:** Be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

**ONLINE GIVING:** Visit [www.GiveToGrace.org](http://www.GiveToGrace.org) or you can scan this QR code now, or visit [www.GiveToGrace.org](http://www.GiveToGrace.org). Thank you!



**OFFERTORY:** The Lord is My Shepherd

*The Cathedral Choir*

Text from Psalm 23

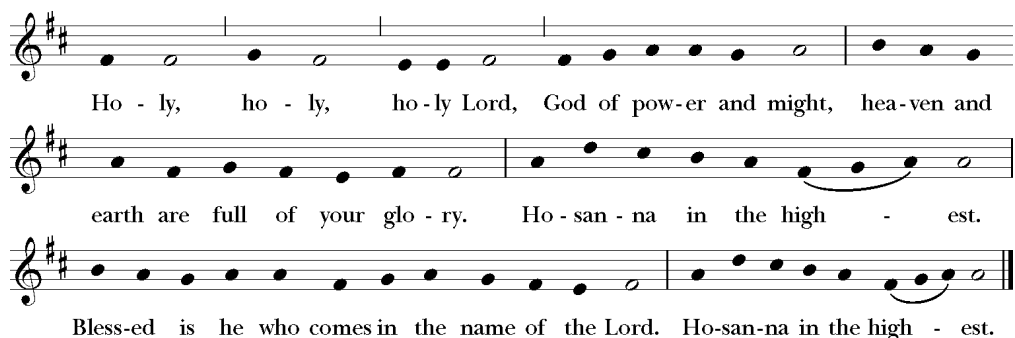
Thomas Matthews (1915-99)

## THE LITURGY OF THE TABLE

**THE GREAT THANKSGIVING:** Eucharistic Prayer C, *BCP 369, standing as able.*

The Sanctus: Hymnal S124

David Hurd (b. 1950)

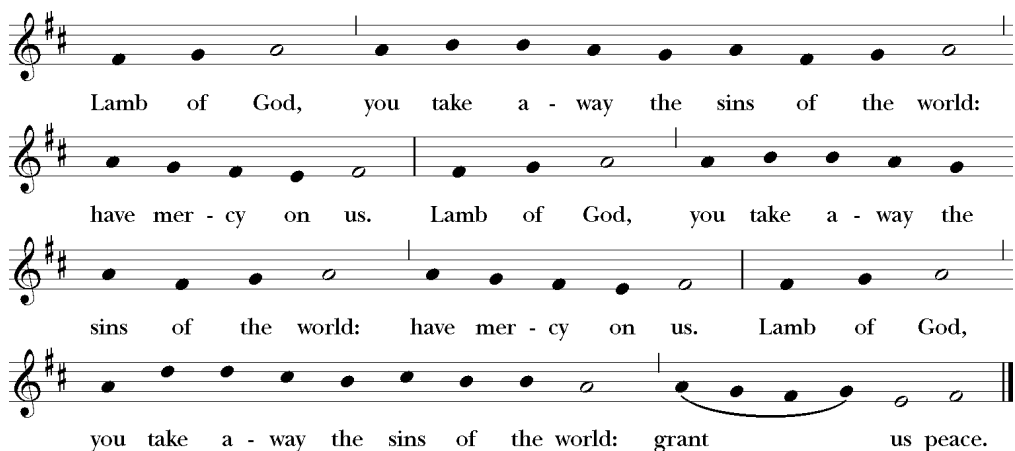


Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

**THE LORD'S PRAYER,** *BCP 364*

**THE BREAKING OF THE BREAD:** Fraction Anthem: Hymnal S161

David Hurd (b. 1950)



Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

*Communion is available at the altar rail (bread / intinction / drinking from cup) or at the crossing (bread or intinction only). To receive a blessing from the priest, come forward and cross your arms over your chest. Signal a server if you need to remain in your pew but wish to partake. After receiving communion, Prayer Ministers will be in St. Mary's Chapel for private prayer.*

**COMMUNION MUSIC:** O Sacred Head

arr. Kevin McChesney

*The Cathedral Handbell Choir*

*Please stand as you are able.*

**POSTCOMMUNION HYMN 490:** I Want to Walk as a Child of the Light

HOUSTON

**POSTCOMMUNION PRAYER AND BLESSING**

Let us pray.

**Eternal God, heavenly Father,  
you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,  
and grant us strength and courage to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**PROCESSION HYMN 7:** Christ, Whose Glory Fills the Skies

RATISBON

**THE DISMISSAL**

Let us go forth in the name of Christ!  
**Thanks be to God.**

**POSTLUDE:** Aus Tiefer Not

J.S. Bach (1685-1750)

**MINISTERS TODAY**

**Celebrant/Preacher:** The Very Reverend Torey Lightcap

**Deacon:** The Reverend Carl Edwards

**Vergers:** Kent Wingerson, George Webb

**Ushers:** Team 3, Mark Quintana, *Capt.*

**Acolytes:** Team 2, Paul Seddon, *Capt.*

**Organist:** Dr. Donald Livingston

**Eucharistic Ministers:** Kitty Fapp,

**Choirmaster:** Dr. Eduardo García-Novelli

Ruth Ellen Saiya, Sam Todwong

**Associate Choirmaster:** Zachary Cope

**Lector:** Melissa Weikel

**Sound/Lights:** Adrian Horne

**Altar Guild:** Group A, Nancy Perry, *Capt.*

**Livestream:** Michael Massey

**CATHEDRAL PARISH ANNOUNCEMENTS**

**Please join us in All Saints Hall following this service for a Mothering Sunday reception.**

**Wednesdays in Lent, through March 29:** 5:30 p.m. worship in the Cathedral followed by a light supper at 6 p.m. in All Saints Hall. No reservations are required for the supper, however a freewill offering will be taken.

**Easter Flower Memorials:** Donations are being accepted for Easter Flowers. If you would like to have someone remembered, please use the form on the Cathedral's west side table. The deadline to have names printed in the Easter service bulletin is Monday, April 3.

**Adult Forum:** The “Go Deeper in Lent” series continues throughout March at 9:30 a.m. in All Saints Hall. Next week, Education for Ministry will be the subject of discussion. Please join us. “Go Deeper” is designed to increase awareness of ministries that help people explore critical issues of faith and personal spiritual growth.

**GREAT SPACES concerts in March:**

**THIS AFTERNOON at 3:00** — *Before Bach’s Birthday Bash*

Bach looms large over the musical world, and his birthday deserves something special. Cathedral organist Donald Livingston brings out the best of the master on both harpsichord and organ. *Free-will offering*

**Sunday, March 26, 3 p.m.** — EPWORTH CHOIR

The choir from 1st UMC in Cuyahoga Falls, Ohio is on tour, and we are happy to present them in concert and at the 10:30 service. *Free-will offering*

**Easter candy donations needed:** On Saturday, April 1, Grace Cathedral will be joining with First Presbyterian and First UMC to sponsor an Easter Egg Hunt on the grounds of the State Capitol. Donations of Easter Candy to fill the eggs is greatly appreciated. You can drop your donations in a collection box in the Cathedral or at the Cathedral office during business hours prior to Friday, March 30. Thank you!

In the interest of creating a peaceful and prayerful space for worship, at five minutes before worship begins, or just before the prelude, a bell will ring. This is the signal to refrain from conversation so that you and others may prepare for worship through prayer, meditation and thoughtful silence.

Book of Common Prayer (BCP) = red book                      Hymnal = blue book

We’d love to connect with you. Please fill out a visitor information card from the pew rack and drop it in the collection box on your way out today.

Sound equipment for the hearing-impaired is available. Inquire with an usher.

Restrooms are located in the hallway to the west. Next to the nursery you will find a family restroom with a changing table.

A staffed nursery is available today, down the hallway to your right. You can ask an usher to assist you.

Connect with us and learn more about who we are at [www.gracecathedraltopeka.org](http://www.gracecathedraltopeka.org).

**Special Note:** *Please be aware that this service will be live-streamed on YouTube and Facebook.*

**GRACE EPISCOPAL CATHEDRAL**

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785-235-3457 ▪ [www.GraceCathedralTopeka.org](http://www.GraceCathedralTopeka.org)